

Jill Cairney
Marketing Coordinator
Marketing and Community Relations
gcairney@sampsonrmc.org

P: 910.596.6115
F: 910.590.2321



MEDIA RELEASE

New Test Option to Diagnose Preterm Labor

Clinton, NC, July, 30th, 2015: Sampson Regional Medical Center now offers a definitive test option for obstetrics patients who arrive to the OB unit with possible preterm labor due to membrane rupture. AmniSure™, a lab test that is used to detect a rupture of the amniotic sac, can now be used on patients who present with the complaint of their “water breaking”.

Patients who present with their amniotic fluid leaking prior to 37 weeks gestation are diagnosed with PPRM, or preterm premature rupture of membranes. This complication can happen in up to 12% of all pregnancies and can pose a high risk of infection. The most common sign to watch for with PPRM is fluid leaking. The leaking may be slow or it may be fast, releasing all at once. This suggests prompt reasoning to seek out medical attention.

When a patient arrives in the OB unit with possible PPRM, particular tests are ordered by their physician to determine whether the patient has in fact ruptured. SRMC has always ran two tests, nitrazine and fern, but now a physician can order the AmniSure™ test if the others come back inconclusive. The Amnisure™ test will be collected by the nurse in the OB unit and processed on-site in SRMC’s lab. This test is safe for the patient and the baby and will ensure that the baby gets the care they will need prior to delivery and during delivery.

“Safety of our patients is our number one concern.” states Ann Cortes, Director of the lab, “We want to continue to improve our clinical outcomes through increased safety and quality processes.”

If you have any questions about preterm labor, please speak to your primary care provider. If you are in need of a primary care provider please call 910-592-8511 or visit www.SampsonRMC.org/findadoc.

###

About Sampson Regional Medical Center

Sampson Regional Medical Center (SRMC) is a progressive healthcare facility located in Clinton, NC. SRMC has served the medical needs of the people in Sampson County since 1950. The 146-bed facility offers a full range of medical services—from outpatient surgery, radiology, and nuclear medicine to cardiopulmonary and pediatrics. SRMC provides comprehensive hospital and community-based services that preserve and restore health, provide comfort, and maintain dignity for all who seek care.