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MEDIA RELEASE

Sampson Regional Medical Center Introduces Minimally-Invasive Breast Biopsy

Clinton, NC, July, 7th, 2015: Sampson Regional Medical Center has expanded their women's diagnostic services to include stereotactic breast biopsy. Stereotactic Breast Biopsy is a minimally-invasive procedure completed by a trained general surgeon to obtain a more accurate sampling of breast tissue from a suspected abnormality found on a mammogram, such as a suspicious solid mass. Many of the abnormalities that have to be more closely examined, do not have breast cancer, rather are a benign condition; stereotactic breast biopsy allows a surgeon to spare the patient from scarring and discomfort associated with traditional surgical breast biopsy, and allows the patient to immediately resume their normal daily activities.

A stereotactic breast biopsy is an image-guided biopsy that uses a computer to guide a needle to a breast abnormality. The computer uses stereo-imaging to take two images of the breast to produce a three-dimensional location coordinate of the breast abnormality, which the needle is then inserted to retrieve a tissue sample. This procedure is less invasive than the previously completed surgical biopsy, leaving little or no scarring on the patient. The procedure is much faster, typically taking no longer than fifteen minutes to complete.

The benefits to the patient include:

- Simple and safe
- Minimal discomfort; little or no pain
- No stitches needed (incision is so small only a bandage is used)
- Quick recovery
- Appointment is usually completed within an hour in a comfortable outpatient setting
- Results are accurate

“Early detection of cancer is critical to produce the best prognosis for the patient,” states Dr. Mariana Mendible, “We want to provide the technology and procedures needed to deliver early cancer detection in order to provide the best possible outcome for the patient.”

For more information about stereotactic breast biopsy please call our diagnostic center at (910) 592-2689 or our surgical services clinic at (910) 596-6113.

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About Sampson Regional Medical Center

Sampson Regional Medical Center (SRMC) is a progressive healthcare facility located in Clinton, NC. SRMC has served the medical needs of the people in Sampson County since 1950. The 146-bed facility offers a full range of medical services—from outpatient surgery, radiology, and nuclear medicine to cardiopulmonary and pediatrics. SRMC provides comprehensive hospital and community-based services that preserve and restore health, provide comfort, and maintain dignity for all who seek care.